

Lunch Meal Pattern for Uncommon Grade Groupings¹	
	K-8²
Meal Pattern	Amount of Food Per Week (Minimum Per Day)
Fruits (cups)	3 ½ (½)
Vegetables (cups)	5 ¼ (¾)
Dark Green	½
Red/Orange	¾
Beans/Peas	½
Starchy	½
Other	½
Additional Veg to Reach Total	2 ½
Grains (oz eq)	11-12.5 (1)
Meats/Meat Alternates (oz eq)	12.5-14 (1)
Fluid Milk (cups)	7 (1)
Other Specifications: Daily Amount Based on Average for a 7-Day Week	
Min-max calories (kcal)	600-650
Saturated Fat (% of total calories)	<10
Sodium (mg)	Target 1 - ≤ 1,230 Target 2 - ≤ 935 Target 3 - ≤ 640
Trans fat	Nutrition label or manufacturer specifications must indicate zero grams of trans fat per serving.

¹ **Uncommon Grade Groupings** include RCCIs that have grades that do not fit into a particular column in USDAs lunch meal pattern. Instead of K-5 and 6-8 RCCIs might have grades K-6, 3-7, 5-8, etc. RCCIs that have a different configuration will need to follow this meal pattern.

² **Grades K-8** can include any configuration of those grades. For example, a RCCI should use this column if they have grades K-6 (or some other combination between K-8) eating in the same cafeteria.